

## Depression and Loneliness

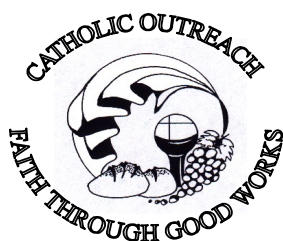
**Date:** Thursday November 9 2000

**Time:** 9.30 am – 2.30 pm

**Place:** Catholic Education Centre  
50 Ruislip St Leederville  
Room G7

- 09.30 The Empty Chair
- 10.30 Morning tea
- 11.00 How and Why Christians Shoot Their Wounded
  - \* A personal story of depression
  - \* What makes Christians good at problem solving
  - \* Exploring a theology of suffering
- 12.00 Lunch (BYO)
- 12.45 Being comfortable with an Empty Chair
- 01.30 A Community Support in the Psychiatric Field
- 02.15 Spiritual reflection

Cost: By donation (suggested donation \$10)



## CATHOLIC OUTREACH

*Parish Pastoral Care Program*

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# Depression and Loneliness

9.30      The Empty Chair      Grant Adams

*But the Lord said to me, "My grace is sufficient for you, for my power is made perfect in weakness. Therefore I will boast all the more gladly about my weakness, so that Christ's power may rest on me." 2 Cor 12:9*

Who God is for us dictates and colours our view, our journey and the way we relate to others.

10.30      Morning tea

11.00      How and Why Christians Shoot Their Wounded

A personal story of depression

Liz

What makes Christians "good at problem solving"

- stepping stones or obstacles (roadblocks)

Barbara Harris

Exploring a theology of suffering

- aspects of suffering, a faith view

Fr Paul Pitzen

12.00      Lunch (BYO)

12.45      Being Comfortable with an Empty Chair when visiting people  
with depression (practical session)

Barbara Harris

Pat Mahoney

1.30      A Community Support in the Psychiatric Field  
The work of the Psychiatric Emergency Team  
The Mental Health Act

Mark Rogers

2.15      Spiritual reflection for continuing the journey

## Speakers

Grant Adams      Former CEO (retired), GSI (Good Samaritan Industries)

Barbara Harris      Co-ordinator, Emmanuel Centre

Fr Paul Pitzen      Chaplain, Emmanuel Centre

Pat Mahoney      Chairperson, Catholic Mental Health Group

Mark Rogers      Community Nurse Specialist, Psychiatric Emergency Team  
"PET" provides 24 hour confidential service and is staffed by  
experienced Community Mental Health Nurses & Psychiatrists