

## **Depression and Loneliness**

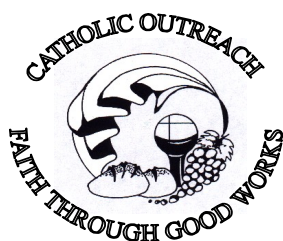
**Date: Thursday June 29 2000**

**Time: 9.30 am – 2.30 pm**

**Place: St Michael the Archangel Chapel  
(Northern Transept)  
Catholic Education Centre  
50 Ruislip St Leederville**

- 09.30 What do I know about depression
- 09.50 Filling in the gaps
- 10.20 Some ways depression is manifested
- 10.30 Morning tea
- 11.00 Living with depression
- 11.15 Role play demonstration
- 12.00 Lunch (BYO)
- 12.45 Ministering within the church
- 01.15 Local and regional church involvement
- 01.30 Defining roles
- 01.45 Centrecare Marriage & Family Service
- 02.20 Spiritual reflection

Cost: By donation (suggested donation \$10)



## **CATHOLIC OUTREACH**

***Parish Pastoral Care Program***

**Perth Archdiocese**

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## Depression and Loneliness

9.30	What do I know about depression	Barbara Harris
9.50	Filling in the gaps – some clinical aspects	Dr Leonie Smith
10.20	Some ways depression is manifested - pathological, psychological, spiritual	Dr Leonie Smith
10.30	Morning tea	
11.00	Living with depression	Thelma & Shirley
11.15	Role play demonstration	Course participants
12.00	Lunch (BYO)	
12.45	Ministering within the church Spiritual support for carers and people with depression	Fr Michael McShane Fr Peter St John
1.15	Local and regional church involvement	Pat Mahoney
1.30	Defining roles Co-Ordinator, Pastoral Worker, Social Worker	Panel & group discussion
1.45	Centrecare Marriage and Family Service	Robyn Pope, Julia Laughton
2.20	Spiritual reflection for contiuing the journey	Barbara Harris

## Speakers

Barbara Harris	Co-ordinator, Emmanuel Centre
Dr Leonie Smith	Medical Practioner
Fr Michael McShane	Chaplain, Graylands Hospital
Fr Peter St John	Community Chaplain, Catholic Mental Health Service
Pat Mahoney	Chairperson, Catholic Mental Health Group Co-Ordinator, Mental Health Group Our Lady of Lourdes Nollamara Co-Ordinator, Lourdescare Nollamara
Robyn Pope	Administration Manager, Centrecare Marriage and Family Service
Julia Laughton	Client Liaison Officer, Centrecare Marriage and Family Service