

## Prayer for Your Healing

*Lord our God  
you who watch over all your  
creatures with unfailing care,  
keep us in the safe embrace  
of your love.  
With your strong right hand  
raise up all who are sick  
and give them the  
strength of your power.  
Minister to them and heal their  
illnesses so that they may have  
from you the help they long for.*

*Amen*

*With loving care  
May God soon bless  
Your days with health  
And happiness*



## The Carer 2009 Spring Edition



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## Catholic Outreach

### Care Concern Service



Spring is in the air! After the welcome rains we are looking forward to basking in the sunshine and enjoying the fragrance of the Creator's beautiful garden. We are very excited about our new look newsletter and it gives us pleasure to bring you the latest features.

By now many of you will be familiar with the Catholic Outreach website which was launched last year. Please feel free to log on to obtain the latest information and while looking us up please check that your contact details are correct.

You may be interested in the *Get Well Prayer* card designed and used by OLA Outreach Doubleview which is now available on the website as a resource.

You'll also be able to revisit the workshops and events that have been on offer this year.



## Springtime Gathering

We are very pleased to present our final workshop for the year which will be held on Thursday November 5 at the Catholic Pastoral Centre. Please see the enclosed flyer for more details. We encourage you to bring along a guest who may like to become more involved in your care program.

Listen to Co-Ordinators discuss some of the successful strategies they have used in the operations of their care program and get the latest update on our website. Hope to see you there for some education, fun and networking.

## New Board Members

We are pleased to introduce our latest Board members

### Rev Fr Andrew Bowron

Fr Andrew, Parish Priest of St Joseph Northam, received a Master of Arts in Theological Studies at Notre Dame University in 2005 following his ordination. He joined the Board of Catholic Outreach in 2009.



### Sr Catherine Ryan

Sr Catherine, a member of the Presentation Sisters of WA, has a background in teaching and administration in Primary schools throughout the State. She has also worked in Hospice Care and is currently a Pastoral Worker at Our Lady of Fatima Palmyra. Sr Catherine joined the Board of Catholic Outreach in 2009.



## Working with Children Card

Exemptions exist under section 6 of the Working With Children (Criminal Record Checking) Act 2004 that apply if the parent is carrying out voluntary work in which their child is participating.

### Category      Parent exemption

(xi) a religious organisation work carried out on a voluntary basis by a parent of a child in connection with an activity in which the child is **participating, or ordinarily participates**

This exemption could be useful for school mothers who, for example, volunteer to provide emergency transport.

## Website

Did you know our website usage averages 30 sessions per day and 1000 per month? (www.catholicoutreach.org.au)

## Recent Events

During the year we have celebrated a number of successful events with Co-Ordinators. These pages can be accessed on our website and include

### *“Companionship with Christ” Retreat*

Early in 2009 Sr Kathleen Dawe, Fr Thai Vu and Julie Williams facilitated an opportunity to deepen our relationship with God. This took place at the beautiful St John of God Retreat Centre at Shoalwater Bay and covered topics such as “Who do People Say I Am?”, “What is my Name?” and “I have Chosen You.”



### *Regional Co-Ordinators Mass & Morning Tea*

In March Benedict Care Applecross kindly hosted a Regional Mass and morning tea for Co-Ordinators. This was followed by a demonstration and discussion about the Catholic Outreach website.



### *Ambiguous Loss & Grief Workshop*

Kanthi Perera M.S.W. Senior Clinical Social Worker facilitated a fascinating workshop about ambiguous loss which may be experienced when a person is physically missing but psychologically present because it is unclear if the person is alive or dead. It is also experienced when a person is physically present but psychologically absent or inaccessible due to chronic mental illness, dementia or addictions. This workshop was held in June and was very well attended.



## Catholic Outreach

ABN 69 987 131 869

The Catholic Pastoral Centre of Our Lady of the Mission  
40/A Mary Street Highgate WA 6003

Tel: 9422 7920 Fax: 9328 2833 Mob: 0417 949 158

Email: [outreach@highgate-perthcatholic.org.au](mailto:outreach@highgate-perthcatholic.org.au)

Web: [www.catholicoutreach.org.au](http://www.catholicoutreach.org.au)